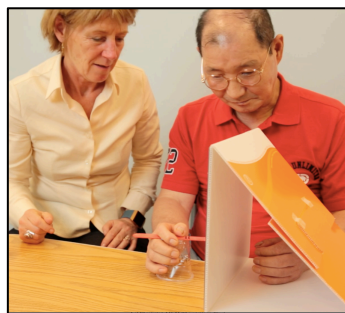


The coaching workshop: Evidence-based coaching skills for rehabilitation professionals



Target audience: Occupational therapists, physiotherapists, allied health assistants, nurses and exercise physiologists. No pre-requisites.

Overview: This workshop will summarise research about attention, demonstration, instructions, cues, goals, feedback and motivation as they relate to adult neuro-rehabilitation and aged care, and people with intellectual disability/cognitive impairments. Video examples will be used for analysis. Participants will practice and receive feedback on their coaching skills during the workshop.

Learning objectives: Participants will learn how to:

- **Discriminate** between instructions, cues, goals and feedback
- **Use** goal-directed instructions to encourage and motivate learners
- **Provide** critical and timely feedback
- **Motivate** people who have difficulty concentrating or dislike exercise
- **Adapt** the environment and coaching strategies to enable high repetitions
- **Provide** and receive peer review about coaching

Presenters: Simone Dorsch, Karl Schurr & Annie McCluskey

Date / time: 16th & 24th Mar 2021, 7:00pm-11:00pm AEDT

Venue: Fully Online via Zoom

Cost: \$220 plus \$13.19 Eventbrite admin fee = **\$233.19**

Contact person: dranniemccluskey@gmail.com

Phone: 0419 447 738 (Annie McCluskey)

More info: <http://strokeed.com/about-workshops/the-coaching-workshop/>
