



THE COACHING WORKSHOP: Evidence-based coaching skills for rehabilitation professionals

This workshop focuses on developing coaching skills for use in rehabilitation settings with patients/clients.

Being able to teach effectively is an essential skill for professionals working in rehabilitation and other areas of health. This workshop will enable professionals to reflect on and improve their coaching skills and practise strategies to optimise rehabilitation outcomes.

WHEN: Mon 17th & 24th
January 2022

WHERE: Online via zoom -
18.00-22.00pm (AEDT)

COST: \$255.19 (AUD)
incl 10% GST + Eventbrite admin fee

CONTACT:

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Register here:

<https://bit.ly/30S1ENP>

PRESENTERS:



**DR. ANNIE
MCCLUSKEY**

PhD MA DipCOT,
Occupational therapist



KARL SCHURR

MScAppScPhysio
BAppScPhysio
Physiotherapist

For more information:

<http://strokeed.com/workshop/the-coaching-workshop-online-3/>

LEARNING OBJECTIVES

Participants will learn how to:

- Discriminate between instructions, cues, goals and feedback
- Use goal-directed instructions to encourage and motivate learners
- Provide critical and timely feedback
- Motivate people who have difficulty concentrating or dislike exercise
- Adapt the environment and coaching strategies to enable high repetitions
- Provide and receive peer review about coaching

Target audience: Occupational therapists, physiotherapists, allied health assistants, nurses and exercise physiologists. No pre-requisites.

