# Evidence-Based Upper Limb Retraining after Stroke 

皆 Date: $17^{\text {th }}-19^{\text {th }}$ November 2023<br>Q Venue: Hutt Hospital - 638 High Street, Boulcott, Lower Hutt 5010, New Zealand

Cost: Wellington/ Lower Hutt DHB employees ( 914 \$NZ) External therapists (\$937 NZ)
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## Upper Limb

Content: This 3-day workshop teaches therapists how to reduce impairments such as weakness and lack of coordination and improve upper limb recovery. Tasks trained include reaching for a cup, picking up a pen to write, and cutlery use. Clinical sessions with stroke survivors enable therapists to implement new knowledge and skills, and practice effective coaching. A focus on intensity and measurement in these sessions show that stroke survivors can improve motor performance regardless of time post-stroke.

Target audience: Physiotherapists, occupational therapists and allied health assistants from hospital and community-based settings, who teach adults following stroke / acquired brain impairment.

Presenters: Annie McCluskey, and Karl Schurr, ,

## Website information:

http://strokeed.com/workshop/upper-limb-retraining-f2f-hutt-hospital-new-zealand/

For registrations, kindly fill out the form below and email through to info@strokeed.com, and you will be sent an invoice with payment details.

Registration form will be found here: http://strokeed.com/wp-content/uploads/2023/06/Registration-form-NZ-workshops-1.docx

